

# Important information regarding your surgery:

**HEALTH PARK  
OUTPATIENT SURGERY  
1283 Jacaranda Blvd  
Venice, FL 34292  
941-497-6800**

## Appointments:

Examination in Dr.  
Mehserle's office prior  
to surgery:

\_\_\_\_\_ at \_\_\_\_\_

Pre-operative testing  
at the Healthpark:

\_\_\_\_\_ at \_\_\_\_\_

Post-op appointment  
in Dr. Mehserle's  
office:

\_\_\_\_\_ at \_\_\_\_\_

**SURGERY DATE:**

\_\_\_\_\_

1. Do not eat or drink anything after midnight the night before surgery.

2. Avoid all aspirin products and arthritis medications 10 days prior to surgery.

-Aleve  
-Ibuprofen  
-Celebrex  
-Meloxicam

**Note: You may continue taking Acetaminophen/Tylenol for relief of pain.**

If you are taking Coumadin, stop 4 days before surgery.

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Your surgeon will need an accurate list of **ALL** the medication you are taking. This list should include: the name of the medication, dosage (strength), and the time of day that you take it. If you prefer, you may bring the medication containers with you at the time of the pre-operative appointment in the office.

Call the Surgery Center at:

**486-6870 at 4:00pm**

the business day before your surgery to find out what time to arrive the following day.

*Please arrange for transportation home following your surgical procedure.*



**Center for Orthopaedics  
and Sports Medicine**